

The Mountains are Calling

Running in the High Places of Scotland

Jonny Muir

ABOUT THIS BOOK

The Mountains Are Calling is the exhilarating story of the runners who go to high places. From its wild origins in the Highlands, hill running in Scotland remains as pure and traditional as sport gets. Jonny Muir explores the history and culture of the sport, and meets the legends of hill running who are revered for their extraordinary endurance.

As he discovers the insatiable lure of the hills, a calling leads him to the supreme test of mountain running: Ramsay's Round – a continuous loop of 23 of Scotland highest mountains, to be completed within 24 hours.

This book is lavishly illustrated with maps and two sections of delightful colour plates.

ABOUT THE AUTHOR

Jonny Muir is a successful hill and fell runner in both England and Scotland. He is also the author of three previous books: Heights of Madness (Metro 2009), The UK's County Tops (Cicerone 2011) and Isles at the Edge of the Sea (Sandstone Press 2011). In addition to many other feats he has completed both the Bob Graham Round in England's Lake District and Ramsay's Round in Scotland.

@MuirJonny

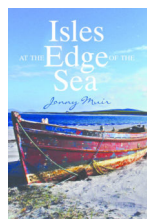
AUTHOR LOCATION

Edinburgh, Scotland

SALES AND MARKETING HIGHLIGHTS

- Author writes a successful blog about his life as a runner.
- Extensive publicity and marketing campaign planned.
- Author available for events and festivals.

OTHER TITLES BY THE AUTHOR



Isles at the Edge of the Sea

ISBN: 9781905207619

Category: Travel

RRP: £8.99

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