

All or Nothing at All

The Life of Billy Bland

Steve Chilton



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ABOUT THIS BOOK

All or Nothing At All is the life story of Billy Bland, fellrunner extraordinaire and holder of many records including that of the Bob Graham Round until it was broken by the foreword author of this book, Kilian Jornet. It is also the story of Borrowdale in the English Lake District, describing its people, their character and their lifestyle, into which fellrunning is unmistakably woven.

ABOUT THE AUTHOR

Steve Chilton is a committed runner and qualified athletics coach with considerable experience of fell running, competing in the World Vets Champs when it was held in Keswick in 2005. He is a longtime member of the Fell Runners Association (FRA).

ABOUT THE FOREWORD AUTHOR

Kilian Jornet is the greatest mountain runner in history. Not only does he hold many fell and other running records, but he has summited Everest twice. He is the author of *Run or Die*, published by Viking.

PRAISE FOR ALL OR NOTHING AT ALL

'A fascinating insight into the life of legendary fell runner Billy Bland, a straight talking Cumbrian who thinks as deeply about the environment as he does about running. If you enjoyed Steve Chilton's earlier books you will love this.'

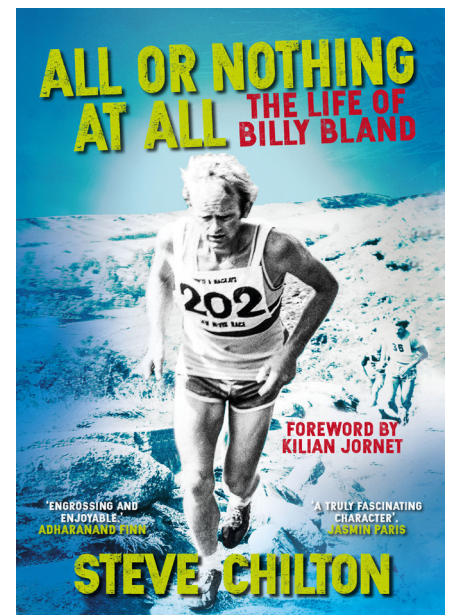
Steve Birkinshaw, author of There Is No Map In Hell

'A pacy jaunt along those muddy trails where Billy Bland set records few people have got close to since. Anyone with a love of running will find this a fascinating and enjoyable read.'

Adharanand Finn, author of Rise of the Ultra Runners

'Born in the Lake District and moulded by its hills, Billy Bland is a truly fascinating character.'

Jasmin Paris, record breaking ultrarunner



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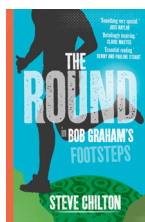
It's a Hill, Get Over It

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Category: Running

RRP: £9.99

Pub: September, 2014



The Round

ISBN: 9781910985366

Category: Running

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Running Hard

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