

All or Nothing at All

The Life of Billy Bland

Steve Chilton

ABOUT THIS BOOK

Billy Bland set fellrunning records in the '80s and '90s while working at quarrying, building and stonewalling in his native Borrowdale. His 1982 Bob Graham Round stood until 2018 when it was, at last, excelled by the phenomenal Catalan, Kilian Jornet. First and forever though, he is a champion of his beloved Dales and the people who live there.

ABOUT THE AUTHOR

Steve Chilton is a committed runner and qualified athletics coach with considerable experience of fell running, competing in the World Vets Champs when it was held in Keswick in 2005. He is a longtime member of the Fell Runners Association (FRA).

ABOUT THE FOREWORD AUTHOR

Kilian Jornet is the greatest mountain runner in history. Not only does he hold many fell and other running records, but he has summited Everest twice. He is the author of *Run or Die*, published by Viking.

PRAISE FOR ALL OR NOTHING AT ALL

'A fascinating insight into the life of legendary fell runner Billy Bland, a straight talking Cumbrian who thinks as deeply about the environment as he does about running. If you enjoyed Steve Chilton's earlier books you will love this.'

Steve Birkinshaw, author of There Is No Map In Hell

'A pacy jaunt along those muddy trails where Billy Bland set records few people have got close to since. Anyone with a love of running will find this a fascinating and enjoyable read.'

Adharanand Finn, author of Rise of the Ultra Runners

'Born in the Lake District and moulded by its hills, Billy Bland is a truly fascinating character'.

Jasmin Paris, record breaking ultrarunner

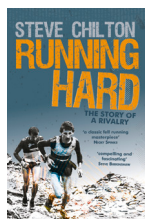
'This book has inspired me to get my fell running shoes back on... A cracking read that I would recommend to anybody who is passionate about fell running and its history.'

Compass Sport

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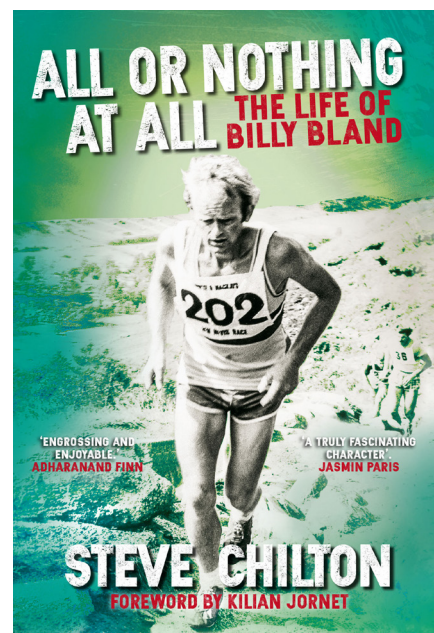


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