

# Running Hard: The Story of a Rivalry

Steve Chilton

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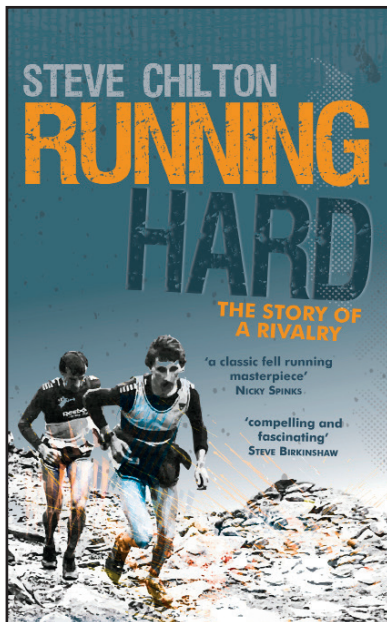
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'A must-read for every off-road runner.'

-Claire Maxted, editor of Trail Running

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## ABOUT THIS BOOK

For one brilliant season in 1983 the sport of fell running was dominated by the two huge talents of John Wild and Kenny Stuart. Wild was an incomer to the sport from road running and track. Stuart was born to the fells, but an outcast because of his move from professional to amateur. Together they destroyed the record book, only determining who was top by a few seconds in the last race of the season. Running Hard is the story of that season, and an inside, intimate look at the two men by the author of It's a Hill, Get Over It and The Round.

## SALES AND MARKETING HIGHLIGHTS

- It's A Hill, Get Over It was the winner of the Bill Rollinson Prize for Landscape and Tradition at the Lakeland Book Awards 2014
- The Round has been shortlisted for the TGO Award's Outdoor Book of the Year Award and the Lakeland Book Awards 2016

## ABOUT THE AUTHOR

Steve Chilton is the author of the highly successful It's a Hill, Get Over It. He is a committed runner and qualified athletics coach. He has considerable experience of fell running, competing in the World Vets Champs when it was held in Keswick in 2005. He is a longtime member of the Fell Runners Association (FRA).



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