

Bump, Bike & Baby

Mummy's Gone Adventure Racing

Moire O'Sullivan

ABOUT THIS BOOK

In Bump, Bike & Baby, Moire O'Sullivan charts her journey from happy, carefree mountain runner to reluctant, stay-at-home mother of two. With her sights set on winning Ireland's National Adventure Racing Series, she manages to maintain her post-natal sanity, and slowly learns to become a loving and occasionally functioning mum.

ABOUT THE AUTHOR

In 2009, Moire O'Sullivan became the first person ever to complete the Wicklow Round, a 100km circuit of Ireland's Wicklow Mountains, which has to be run within twenty-four hours. She is now married and the mother of two young sons born in 2013 and 2015. During this hectic time, Moire won Ireland's National Adventure Race Series in 2014 and 2016. Bump, Bike and Baby is about this personal journey.

Moire previously worked for international aid organisations, travelling to some of the world's poorest areas and worst conflict zones. For seven years, she lived in Kenya, caring for mentally handicapped children in Nairobi's slums. She has also lived and worked in Vietnam, Cambodia and Nepal. Her home is now in Rostrevor, in County Down, at the foot of Northern Ireland's Mourne Mountains.

@moireosullivan

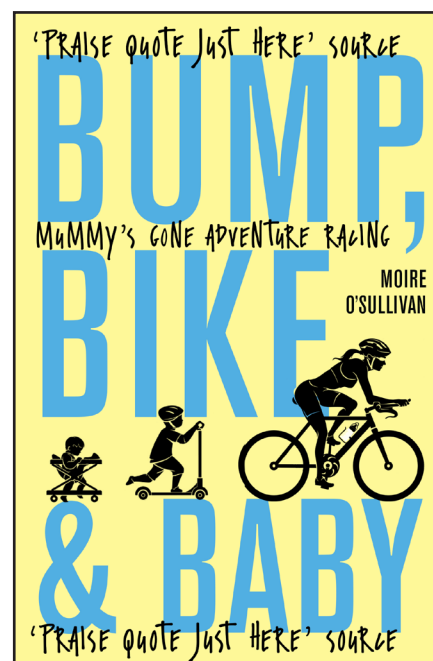
AUTHOR LOCATION

Co. Down, Northern Ireland

SALES AND MARKETING HIGHLIGHTS

- Moire O'Sullivan is the 2007 and 2009 Irish Mountain Running Champion and the 2014 and 2016 Irish National Adventure Racing Series Champion.
- Author available for events and publicity across the UK and Ireland.

Updated 09/10/17



Publication Date: 15/03/2018

Format: B Paperback

ISBN: 9781912240067

BIC: BM

Category: Memoir/Parenting/Sport

RRP: £8.99

Extent: 350

Territories: World volume including LP, audio and translation

Sandstone Press Ltd
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Dingwall, IV15 9UG
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